

“It is hard to put into words the incredibly profound impact Kristina has had on my life. For years I have battled depression, anxiety, inner demons and control issues. Working with Kristina has given me a whole new perspective on my life and my relationships with others, as well as with myself. Through Kristina I learned tools to be a person that I could never have even imagined before. Kristina gave me options; a world of possibilities where my most pressing dilemma is choosing which to do first. My work with Kristina has put me onto a life path supported by personal power and renewed self-confidence. Thank you for believing in me Kristina – even before I believed in myself.”

**Traci Daiey**