

“Kristina, I wanted to say a very warm thank you so much for last week. That was wonderful! It was incredible how you brought the group together. The dynamic of the entire group changed as far as I’m concerned and I’m sure has changed forever. It was incredible what transpired, people were really moved and would really love to come and see you so I think that was wonderful. Thank you so much. And you are an incredibly gifted speaker as well and have an incredible presence. And I’m sure everybody would love to know the secrets to having such a wonderful presence. And I’m sure they’d love to come and see you and learn more. So thank you again. If there’s anything I can do for you at any time please call me and I myself would like to come out to the workshops when I have a little more time maybe towards the summer or Fall. So I will be in touch with you at that point and thank you again. We really, really appreciate you coming all the way out on a stormy night to see us.” -

**Tammy Reynolds, Lifestyle Makeover Group**