

“Working with Kristina has truly been a life changing experience for me. Together we have addressed some of my struggles, and then turned these around to enable me to learn my life's lessons. Through this valuable work, I have realized what I want in this life, the values that I want to live by, how to treat others, how I want to be treated by others, how to communicate effectively with people, and how to manifest my dreams, goals, and desires. Her beautiful spirit and positive energy make her a joy to work with and she has a way of listening and understanding without judgment, that allows you to feel safe, comfortable, and at ease with her. She has a true gift and utilizes it to the fullest in order to help others live happy and fulfilling lives.”

**Julie G.**