

"I have been working with Kristina for almost 2 years; and I am so proud of the profound changes that I have made in my life. Her guidance and professionalism create a unique and safe place, making it almost easy to deal with one's issues. I am grateful for Kristina's intuitive insight as she has guided me toward the path that is uniquely mine. I feel empowered looking ahead, knowing that I am the creator of my own destiny. Thank you Kristina!"

**Cathy Plumb**